

GRAPHIC ART PORTFOLIO

All renderings and graphic work by Matt McClain-Trobridge

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GRAPHIC ART PORTFOLIO

McClain + Company

integrated design studio

www.mcclainandco.com

BUSINESS CARD DESIGN

- Digital & Offset Design Options
- Die-Cut, Metallic, Lazer Cut, & Hand-made Options
- Custom and Stock Art Options Available
- File Transfer to Print House Included



LOGO DESIGN

- Competitive Research
- Design & Development
- All Logos Developed in Vector Format
- Expert Bitmap-to-Vector Artwork Options



CORPORATE BRANDING

- Competitive Research
- Design & Development
- Business Cards, Letterhead, & Envelopes
- Information Graphics



**EMPOWERING THE CHILDREN & FAMILIES
OF OUR GLOBALIZED SOCIETY**



**WITH THE POWER OF EDUCATION, MEDIA
TECHNOLOGY, & HUMAN SERVICES**



FOUNDATION

- Reading
- Writing
- Mathematics
- Science

Lorem ipsum dolor sit amet, parturient vestibulum venenatis quis pede nunc. Lacus dictum elementum quis enim etiam, vestibulum et tincidunt, ac luctus, diam suspendisse sed pede cras. Odio in erat wisi, consequat integer vestibulum tortor, penatibus morbi nibh morbi blandit vitae, suspendisse laoreet ac nonummy ac vitae, tincidunt in. laculis penatibus morbi nibh morbi blandit vitae.

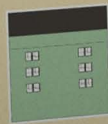
MEDIA & PUBLISHING

- Planning & Development
- Production
- Digital & Post Production
- Publishing



Lorem ipsum dolor sit amet, parturient vestibulum venenatis quis pede nunc. Lacus dictum elementum quis enim etiam, vestibulum et tincidunt, ac luctus, diam suspendisse sed pede cras. Odio in erat wisi, consequat integer vestibulum tortor, penatibus morbi nibh morbi blandit vitae, suspendisse laoreet ac nonummy ac vitae. Lacus dictum elementum quis enim etiam.

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SKILLS & CRAFT

- Design Process & Planning
- Fabrication & Manufacturing
- Assembly
- Finishing & Packaging

OUR CURRICULUM IS DESIGNED TO GIVE OUR STUDENTS THE OPPORTUNITY TO SUCCEED AS IN ALL OF OUR GRADUATES CAN CRAFT THEIR OWN IDEAS AND BRING THEM



New Jersey, 07060 | www.africateach.org

BROCHURE DESIGN

- Professional Full Bleed Designs
- Print at Home Margin Adjusted Designs
- Custom and Stock Art Options Available
- File Transfer to Print House Included



Jana Samulski
Communication Expert

Keynotes, Workshops & Training

Jana Samulski offers keynotes that can be customized from 1 hour to full day workshops

1. Turning Heads
2. Your 86%
3. Influence, Persuasion & Relaxation
4. Just Communicate
5. Just Listen
6. Just Present

Sample of clients:

- Sony
- O'Melveny & Myers LLP
- USC
- YMCA
- NAPFA
- Pricewaterhouse Coopers
- Metro
- Cushman & Wakefield, Inc.

Contact Jana today
(877) 680-4851
@janasamulski.com

How is this Possible?

It's not actually anything new as far as the type of training we will use for your child. Our secret is that we deploy principles from many fields like kinesiology, biomechanics, gymnastics, olympic weightlifting, and ballistic physics into a special combination that creates a fantastic recipe to help instigate the natural athlete that exists in us all.

You see, all of these little tiny techniques that "naturally talented" athletes exhibit all combine together to make that person seem like a "natural" when they perform. The secret under the hood however, is all in the technique!

All of these so-called "natural athletes" have an important skill in common. The little details that you don't notice unless you are looking for them - such as the position of the feet, the weight distribution over the heels, and the position of the shoulders in relation to the hips, all come together in the right order and with the right timing. These mechanics give that athlete an edge.

are most definitely talented and quick learners. But their advantage really began to develop when they started learning to put these pieces together at a young age. They then got a jump on everyone else through trial and error during their gross motor skills stage.

Since this skill does not come natural to everyone, our program aims to teach this skill to children in a fun and safe way!

We start by introducing your child to a bunch of hand selected and fun medicine ball drills. Your children will get to slam medicine balls around while we coach them by making specific and simple adjustments one at a time.

Our sessions aim to teach your children how to use their larger muscle groups in tandem with their balance and core stability to jump higher and move quicker - every time. We'll have your child throwing medicine balls, doing olympic weightlifting drills, learning balance tricks and coordination challenges with an eye for perfect form while using very light resistance to ensure the forces can be noticed and understood.

It's like giving your child a world class tutor that specializes in athletic excellence!

The cool part is that due to the kid-safe resistance of the weights, your child will learn to feel their way through a complex multi-joint movement that requires an optimal use of the most effective muscle groups in the body to fire in the most efficient order.

This is the key to jumping higher, being stronger,

IT'S ALL IN THE TECHNIQUE!

YOUR CHILDREN CAN LEARN TO MASTER THE SKILLS FOR MOVING BETTER, SMARTER, AND STRONGER!

YOUNG ATHLETE PROGRAM

Therapeutic Childcare

Therapeutic Childcare: Staff provide care and education for busy times and work in problem solving and specific personal/interpersonal offering support and being available to development. Staff has connections with all the in the classroom.

Therapeutic Childcare staff consults regarding classroom management, developmental issues.

Therapeutic Childcare staff works to discuss joys, gths, parent concerns, mental or behavioral their child is facing.

Services Available:

- Information and referral
- Assistance with program and community issues (housing, developmental stages, behaviors, etc.)
- Advocacy for families
- Home visiting
- Classroom consultation
- Behavioral management strategies
- Coordination between school and home
- Focused behavioral support in the child care classroom
- Other therapeutic case management services

For more information and/or referral please contact your child's caregivers

Part of the Supported Childcare program

Our Mission Statement:

To nurture strengths, growth, and independence of all children and families through life skills and family development programs

Programs:

Onsite Services: Families and individuals are welcome to utilize our lending library, learn about our programs, or discuss child development concerns.

Resource & Referral: RCPCCC has become "one stop shopping" for information and access to area services for families.

Early Childhood Programs: Year round, full and part time, quality childcare programs are provided for children ages 6 weeks to 6 years old.

Therapeutic Childcare: The Therapeutic Childcare Clinical Coordinator works with children and staff to promote the social-emotional wellness of the children.

Parenting Education & Support: Parenting workshops covering a broad range of topics are offered onsite and in outlying communities.

Playgroups: Free and open to all families in Rutland County, these weekly get-togethers for families and young children, meet to explore reading and new materials.

Family Infant, Toddler Program: FITP is available to families with children from birth to three who are experiencing a developmental delay.

Healthy Babies: RCPCCC works with the local health department and the Visiting Nurses to provide in-home support for young children, and development for children, who receive support from 12 to 12 months old.

Welcome!

Rutland County Parent Child Center, one of 16 Parent Child Centers located throughout Vermont, is a community-based, private non-profit organization dedicated to supporting and meeting the needs of parents, children, and families.

Established in 1984, RCPCCC believes that children and their families have the right to comprehensive, high quality, family centered services.

In 2008, RCPCCC provided a range of services to over 3,500 individuals in all 27 Rutland County towns and in Rutland City. Outreach sites are easily accessible and barrier free.

Rutland County Parent Child Center

Rutland County Parent Child Center
61 Pleasant Street
Rutland, VT 05701
802.775.9771 or 800.480.9711
www.rcpc.org

Rutland County Parent Child Center
@ Brandon
34 Faivre Circle
Brandon, VT 05733
802.247.8251

Rutland County Parent Child Center
@ Poughney
66 Beaman Street
Poughney, VT 05764
802.287.2005

Even Start Family Literacy: RCPCCC partners with local supervisory unions, Vermont Adult Learning, and Head Start to provide eligible families with family literacy activities, early childhood and adult educational services, and parenting information and support.

VT Discount Car Seat Program: A certified car seat safety technician will inspect your car seat to make sure it is properly installed in your vehicle. The technician will also make sure there have been no recalls on the car seat being used.

Reach Up: A supportive program of case management for families eligible for RUFAs grants. Home-based support with balancing work and parenting, and goal setting, toward the goal of self-sufficiency.

Teen Parent Education: The program focuses on young pregnant and parenting mothers, who are working toward their high school diploma or equivalent.

Learning Together: As a center based program at RCPCCC's Pleasant Street location that focuses on life skills for the young pregnant and parenting mothers, the program supports mothers in reaching their educational goals, while building parenting, interpersonal, job readiness skills and emotional wellness.

Community Development: RCPCCC staff meet regularly with local and State partners to develop and support a system of well coordinated, comprehensive services for all families in Rutland County and the State of Vermont.

MENU DESIGN

- Professional Full Bleed Designs
- Print at Home Margin Adjusted Designs
- Custom and Stock Art Options Available
- File Transfer to Print House Included



SUB SANDWICH

Our subs are made with high quality deli meat and freshly prepared veggies on a foot long wheat or white sub roll. All subs include lettuce, tomato, red onions, Italian seasoning, extra virgin olive oil and red wine vinegar.

The Vinnie 1/2 \$5.25 - Whole \$8.25
Turkey, Italian salami, black forest ham with provolone cheese

The Joey 1/2 \$5.25 - Whole \$8.25
Roast beef with provolone cheese

The Frankie 1/2 \$5.25 - Whole \$8.25
Pastrami and turkey with swiss cheese

The Paulie 1/2 \$5.25 - Whole \$8.25
Black forest ham with Italian salami and provolone cheese

The Tony 1/2 \$5.25 - Whole \$8.25
Spicy tuna with provolone cheese

The Anna-Maria 1/2 \$4.75 - Whole \$7.00
Avocado, cucumber and sprouts

BUILD YOUR OWN

Pick your bread, meat, & cheese. Comes with lettuce, tomato, red onion, mustard, and mayo

SIGNATURE SANDWICH

Bobo Chicken 1/2 \$5.00 - Whole \$7.75
Chicken with melted provolone, pesto mayo, roasted red peppers, spinach, tomato, and red onion on your choice of toasted bread

Gasol Chicken 1/2 \$5.00 - Whole \$7.75
Chicken w/ melted swiss, roasted green chili, pesto, red onion, and romaine lettuce

Veggie Southwest 1/2 \$4.75 - Whole \$6.75
Pastrami and turkey with swiss cheese

Habit Veggie 1/2 \$4.25 - Whole \$6.75
Lettuce, tomato, avocado, cucumber, sprouts, red onion, mustard, mayo

Habit Turkey 1/2 \$4.75 - Whole \$7.25
Sliced turkey, cranberry chutney, cream cheese, lettuce, tomato, basil

Cajun Tuna 1/2 \$4.75 - Whole \$7.25
Cajun spiced tuna saled with tomato, lettuce, red onion, mustard and mayo

The Combo 1/2 \$4.75 - Whole \$7.25
Ham, turkey, & provolone, on a bed of spinach with red onion, tomato, garlic, olive oil and balsamic vinegar

SALADS

All salads are made to order with freshly prepared ingredients. Choice of homemade dressing: tangy ranch, all & balsamic vinegar, low-cal lime cilantro and ranch. Add chicken for 2.50

Cesar sm \$4.75 lg \$7.25
Romaine lettuce tossed w/ homemade caesar dressing, croutons, and parmesan

Ranch sm \$4.75 lg \$7.25
Green leaf lettuce with cucumber, avocado, sprouts, tomato, red onion, chick peas, and black olives

Stuffed Avocado or Tomato & Cajun Tuna sm \$5.25 lg \$8.25
On a bed of green leaf lettuce, red onions, chick peas, black olives, and tomatoes

Spinach Salad sm \$5.25 lg \$8.25
Chopped turkey, black forest ham, and provolone cheese on a bed of spinach with red onions, tomatoes, chick peas and black olives

Protein Salad sm \$5.25 lg \$8.25
Pick your deli meat, choice of cheese, cheddar, swiss, or provolone, with tomatoes, red onions, chick peas, black olives

Margherita Salad sm \$4.75 lg \$7.25
Green leaf lettuce, fresh water mozzarella, roma tomatoes, chopped garlic, fresh basil, chick peas and black olives

SOUP & CHILI

Homemade Soup \$4.50
All soups are homemade. Ask for daily special!

Homemade Veggie Chili \$5.50
Served w/ chopped onions & cheddar

Add soup to any 1/2 sandwich or small salad \$3.30

Add chili to any 1/2 sandwich or small salad \$4.50

VINTAGE ENOTECA

SMALL BITES \$5

MARINATED OLIVES
HOUSE-MADE PICKLED VEGETABLES
MARCONA ALMONDS - smoked paprika
MEDJOL DATES - grana padano, speck
PEE WEE POTATOES - chorizo aioli
BRUSSELS SPROUTS - lambek
ROASTED YAMS & SWEET POTATOES

SALAD \$8

CHOPPED SALAD - gem lettuce, pickled eggplant, radicchio, sopressata, provolone, red onion, olive, peperoncino, tomato, red wine herb vinaigrette

BEET - pistachio, goat cheese
ITALIAN TUNA - fasil, pecorino, artichoke, cherry tomato, lemon mustard vinaigrette
ARUGULA - mushroom, grana padano, lemon vinaigrette

BRUSCHETTA \$6

WHITE BEAN HUMMUS - saba, smoked paprika
CHICKEN LIVER PATÉ - pickled shallot
WHITE ANCHOVY - piquillo pepper, caper, garlic, onion
GOAT'S CHEESE - caramelized onion, croutons, prosciutto
BLUE CRAB - mint, lemon
TOMATO - manchego, anchovy
BUTTERNUT SQUASH - ricotta, cranberry

Trio for \$9

SALUMI
3 for \$10 & 5 for \$15

Served with toasted bread and accompaniments

DAILY SELECTIONS

CHEESE
3 for \$10 & 5 for \$15

Served with toasted bread and accompaniments

DAILY SELECTIONS

SALUMI & CHEESE \$15

CHEF'S SELECTION OF SALUMI AND CHEESE

DRINKS

PELLEGRINO \$3.75
CANNED SODA / ARANCIATA \$2.83
MEXICAN COKE \$3
COFFEE/TEA \$2/\$2.25
ESPRESSO \$2/\$2.50
LATTE/CAPPUCCINO \$3.30

7554 West Sunset Blvd, Los Angeles, CA 90045
www.vintageenoteca.com

VINTAGE ENOTECA

SPARKLING

Extra Dry, NV, Veneto, Italy (O) \$10/\$40
Castelvetro, NV, Emilia Romagna, Italy \$12/\$48
Burgogne Rosé Brut, NV, Burgundy, France \$14/\$56
Brut, NV, Champagne, France \$80

WHITE

Oregon, 2007 (B) \$8/\$32
Coteau Laives Entre-Deux-Mers, Bordeaux, France, 2009 \$8/\$32
Vi d'Agulla, Catalonia, Spain, 2009 (O) \$9/\$36
Loire Valley, France, 2009 \$10/\$40
Auratus, Minho, Portugal, 2009 (O) \$11/\$44
Tuscany, Italy, 2009 \$12/\$48
Creek Vineyard, Paso Robles, California, 2008 (O) \$13/\$52
Rioja, Spain, 2009 (S) \$30
Vineyard, Santa Barbara, California, 2007 (S) \$34
berg, Weinriethel, Austria, 2006 (O) \$43
2009 \$43
Smaria, Sonoma Coast, California, 2007 \$45
Bibi, Domaine Sainte Claire VV, Burgundy, France, 2007 (B) \$50
Tradition, Loire Valley, France, 2008 (O) \$52
2008 (O) \$58
Santa Ynez Valley, California, 2006 \$62
California, 2008 \$68

ROSÉ

Port "Corail", Provence, France, 2009 \$10/\$40

RED

Herencia Rouge, Languedoc, France, 2009 (O) \$8/\$32
Rosso Piceno, Marche, Italy, 2008 \$8/\$32
Sabanon "Campredon", Languedoc, France, 2007 \$10/\$40
Poggio, Piedmont, Italy, 2009 \$11/\$44
Jaffonia, 2006 \$12/\$48
Sage Valley, California, 2009 \$13/\$52
Pison, "Nelson Road", Lovdion, Washington, 2008 \$14/\$56
Alicante, Spain, 2008 \$28
Vintage, Cahors, France, 2008 \$30
California, 2007 \$40
California, 2009 \$45
Burgundy, France, 2008 (O) \$45
Bastrent, Italy, 2007 \$45
San Sime, Columbia Valley, Washington, 2009 \$50
Valley, California, 2004 \$60
Valley, California, 2005 \$68
Bundonia Rioja Reserva, Rioja, Spain, 2000 (O) \$90

SWEET

Piedmont, Italy, 2009 \$36
Perez, Spain, NV (375 ml) \$11/\$33

BEER & CIDER

Spain, 2009 (375 ml) (O) \$6
California \$5
Ireland \$6
nd \$7
Belgium \$7
Belgium \$8
Roma \$9
mary \$6
mary \$8
By \$7
\$8
\$10

THE VINTAGE ENOTECA
COFFEE PASTRIES

SOUVIS SPIRONIS'S

7554 W West
Sunset Boulevard
Hollywood, CA 90046
(323) 512-5278

Open Monday 3 PM - Friday
7 AM to 3 PM
& Saturday
8 AM to 3 PM

Visit us online at
www.vintageenoteca.com

VINTAGE ENOTECA

SMALL BITES

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HOUSE-MADE PICKLED VEGETABLES
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PEE WEE POTATOES - chorizo aioli
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LATTE/CAPPUCCINO \$3.30

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POSTERS

- Advanced Vector Art Techniques & Photorealistic Vector Art Options
- Professional Full Bleed Designs
- Custom and Stock Art Options Available
- File Transfer to Print House Included

